## Abstract

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The invention relates to a monitor (1) that is fastened on a vehicle seat (3) of a motor vehicle. The monitor (1) is optically associated with the head restraint (4) and fastened on a frame part (3.2) of the backrest (3.1). The monitor (1) can be swiveled independently of the position of the head restraint (4). The arrangement of the head restraint (4) parallel to the monitor (1) inhibits the vibration of the monitor (1) during operation of the motor vehicle and prevents the rear passengers from being dazzled when watching the monitor at night.

(Figure 1)